

Comprises of 18 amino acids with complete 9 types of essential amino acids from high quality protein source, antioxidants and polyphenols from special blend of berries.

- · High in Protein
- High in Vitamins
   (Vitamin A, Vitamin B-complex, Vitamin C)
- High in minerals (Calcium, Magnesium, Zinc, Iron, Iodine)
- Cholesterol Free







**Cholesterol Free** 



High in Minerals



**High in Vitamins** 

## » Protein

helps build and repair body tissues

## » Vitamin A

essential for the functioning of the eye

# » Vitamin B1 (Thiamin)

needed for the release of energy for carbohydrate

# » Vitamin B2 (Riboflavin)

is needed for the release of energy for protein, fats and carbohydrate

# » Vitamin B3 (Naicin)

needed for the release of energy from protein, fats and carbohydrate

# » Vitamin B9 (Folic acid)

essential for growth and division of cells

# » Vitamin B12 (Cyanocobalamin)

needed for red blood cell production

## » Vitamin C

contributes to the absorption of iron from food

## » Vitamin D

helps the body utilize calcium and phosphorus

#### » Calcium

aids in the development of strong bones and teeth

#### » Iron

a factor in red blood cell formation

## » lodine

essential for the formation of thyroid hormone

# » Magnesium

promotes calcium absorption and retention

#### » Zinc

essential for growth

## How to consume:

Mix 1sachet (30gm) of déTHERAMEAL into 250ml of warm water. Consume 1 to 3 times a day.

Nutrition Fact: Nutrition Information Serving size : 30g (servings per box: 16)		
	Per 30gm Serving	Per 100gm
Vitamin A	160 mcg	532 mcg
Vitamin B1	0.50 mg	1.67 mg
Vitamin B2	0.59 mg	1.97 mg
Vitamin B3	0.63 mg	2.10 mg
Vitamin B5	1.80 mg	6.00 mg
Vitamin B6	0.72 mg	2.40 mg
Vitamin B7	9.90 mcg	33.00 mcg
Vitamin B9	70.20 mcg	234 mcg
Vitamin B12	0.45 mcg	1.50 mcg
Vitmain C	27.00 mg	90.00 mg
Vitmain D3	1.80 mg	6.00 mg
Vitmain E	5.40 mg	18.00 mg
Calcium	325 mg	1083 mg
lodine	27.00 mcg	90.00 mcg
Iron	2.70 mg	9.00 mg
Magnesium	54.00 mg	180.00 mg
Phosphorus	175 mg	583.32 mg
Selenium	10.80 mcg	36.00 mcg
Zinc	2.70 mg	9.00 mg
Energy	111.5 kcal	372 kcal
Protein	13.5 gm	46.6 gm
Fat	1.5 gm	5 gm
Carbohydrate	11 gm	36.7 gm

Net Weight: 480g (16 sachets x 30g)

#### **INGREDIENTS:**

Whey Protein, Soy Protein, Pumpkin Seed Protein, Brown Rice Protein, Pumpkin Powder, Brown Rice Powder, Wild Yam, Millet Powder, Flaxseed Powder, Soy Lecithin, Isomaltulose, Beet Root Powder, Blueberry Powder, Blackberry Powder, Elderberry Powder, Blackcurrent Powder, Rapsberry Powder, Vitamin A, B1, B2, B3, B5, B6, B7, B9, B12, C, D, Calcium Iodin Magnesium, Phosphorus, Selenium, Zinc.













Another Premium Product from



#### PLANTBIO RESEARCH SDN. BHD. (232599-X)

Website: http://www.plantbioresearch.com Email: info@plantbioresearch.com

#### **DISCLAIMER:**