

DeDelireal™ 

Organic

BABU CIRIAL



MINERALS + **VITAMINS** + **ARA** + **PRE-BIOTIC** + **DHA**

Gluten Free

6
Month &
above



Dairy Free
Flavour Free

High in Iron, Calcium, Zinc,
Vitamins A and B Complex.



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AWARDED SUPER-HEALTH BRAND



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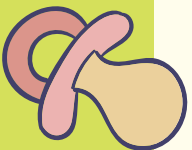
During your baby's first few months, the only food he needs is breast milk (or formula). Breast milk provides all the nutrition babies need. But between 4 and 6 months of age, babies become more physically active. That's when they first become hungry for, and developmentally ready for, solid foods.



How do I know when my baby is ready for solid foods?

Most babies are ready to start eating solid foods between 4 and 6 months of age. Look for the following signs that your baby is ready:

- Baby's head control is good and baby can sit up alone or with support.
- Baby shows more interest in food. and may start to watch you closely when you eat, open her mouth when she sees food and lean forward and reach out toward your food.
- Baby can close her mouth around the spoon and use his lips and tongue to swallow the food rather than spitting it out.
- Baby's appetite is increasing and seems hungrier than before.





What solid foods should I feed my baby first?

For most babies, the first solid food is baby cereal as it is nutritious. Be sure to feed your baby with iron-fortified baby cereal, since your baby needs the extra iron to grow.



How should I feed my baby?

- Begin with thinner DeDelireal and then thicken it as your baby gets better at swallowing. Your baby may start eating only a few spoonfuls at a time, but may later increase to eating about ½ cup or 100 grams.
- You can start feeding your baby DeDelireal at any time of the day. To encourage your baby to eat, you can begin the meal with a few spoonfuls of Delireal when your baby is hungry, and give him breast milk or formula afterwards.



What about the breast milk or formula?

- In your baby's first year of life, breast milk or formula is still his major source of nutrition. When your baby starts eating DeDelireal, he may continue to drink about the same amount of breast milk or formula for a while. But over the next six months, as your baby eats more solid food, he'll get more nutrition from his food and less from milk. By the time he's 1, your baby should be eating a balance of solid food and milk—three meals a day and no more than 16 to 24 ounces of milk.



What about my baby's bowel movements?

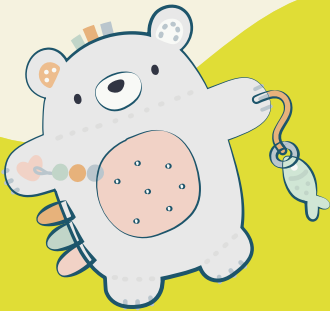
- When your baby starts eating cereal and solid food, his bowel movements will naturally change – become more solid, darker colored and stronger odor. This is normal and nothing to worry about. But if your baby develops diarrhea (watery stools), constipation (hard, painful stools) or blood in his stools, be sure to contact your doctor.





Things you should know about DeDelireal :

1. DeDelireal is formulated using organic millet powder, organic quinoa powder, organic brown rice powder, organic soy powder, natural sea weed powder, organic molasses, FOS, organic flaxseed powder, plant-base DHA and ARA, with a total organic ingredients of 98.3%.
2. DeDelireal carries a nice aroma originated from organic multi-grains powder with a very slight oily aroma from algae DHA and ARA.
3. DeDelireal powder is light brown in colour with a few tiny dark brown particles. These particles are actually Organic Molasses which would dissolve fully once mixed with liquid.



How do I advance to more baby foods?

Once your baby can eat cereal from a spoon, he's ready to start other pureed foods such as fruits, vegetables, and fishes."

Blend the individual pureed foods with DeDelireal to let your baby explores the nutritious and delicious meal prepared by you with tender love.



Preparation instruction:

1. Put 1 scoop (10gm) of Delireal into a bowl.
2. Slowly add in warm water and stir until it is mushy
3. Mash any small lumps formed during preparation completely.
4. Make sure the temperature of the cereal is suitable for your child.
5. Serve to your child immediately.
6. Do not keep any leftover for later consumption.
7. Serving size and frequency may be increased according to your child's appetite.



INGREDIENTS:

organic millet powder, organic quinoa powder, organic brown rice powder, organic soy powder, organic flaxseed powder, natural seaweed, inulin, plant-base DHA, ARA, Vitamin A, B1, B2, B3, B5, B6, B7, B9, B12, C, D3, E, Calcium, Iodin, Iron, Zinc.

97.6% Organic Ingredients



Nutrition Information / Informasi Nutrisi

Item	Per 15g serving/sehidangan	Per100g
Energy / Tenaga	61.2 kcal	408 kcal
Fat / Lemak	0.77 g	5.1 g
Carbohydrate / Karbohidrat	11.3 g	75.1 g
Protein	2.33 g	15.5 g
Calcium / Kalsium	70 mg	466.7 mg
Iron / Besi	0.66 mg	4.4 mg
Iodin	6.60 µg	44.0 µg
Magnesium	13.20 mg	88.0 mg
Phosphorus	35.10 mg	234 mg
Zinc	0.66 mg	4.40 mg
Docosahexaenoic Acid (DHA)	2.25 mg	15.0 mg
Arachidonic Acid (ARA)	4.5 mg	30.0 mg
Vit A	40 µgRE	266.7 µgRE
Vit B1	0.12 mg	0.80 mg
Vit B2	0.14 mg	0.93 mg
Vit B3	0.15 mg	1.0 mg
Vit B5	0.42 mg	2.8 mg
Vit B6	0.18 mg	1.2 mg
Vit B7	2.42 µg	16.1 µg
Vit B9	17.15 µg	114.3 µg
Vit B12	0.11 µg	0.73 µg
Vit C	6.6 µg	44.0 mg
Vit D	0.44 µg	2.9 µg

Net Weight: 400g



Another Premium Product from



PLANTBIO RESEARCH SDN. BHD. (232599-X)

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DISCLAIMER:

The information presented in this leaflet is intended for educational purposes only. It is not intended as a substitution for the treatment, cure, diagnosis or mitigation of a disease or condition. People with specific conditions / known medical conditions / under specific medications, should consult medical professionals before taking any food supplement.

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