

therabio

Flush your body
the natural way

*the formula that helps clean
and eliminate waste in the digestive system*

BioFiber D'tox

High In Fiber
with Golden Kiwi fiber & phytonutrients



ISO:
22000





BioFiber D'tox

In these modern times, we are exposed to over 700,000 toxins per day and that may be a burden for our body to handle as much as the organs help to filter and eliminate these toxins. These toxins are ingested due to pollution, inadvertent and ignorant consumption of pesticides, preservatives, food additives, heavy metals, plastics and other chemicals.

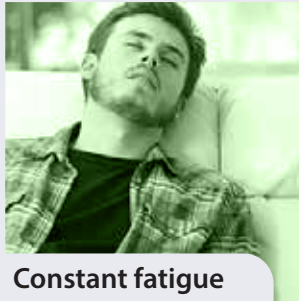
Be wary of the following symptoms as these are the signs of toxic build up in the body:



Constipation



Sudden weight gain



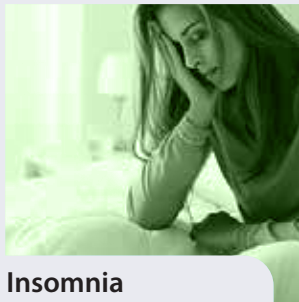
Constant fatigue



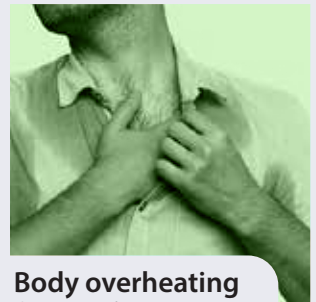
Skin problems



Bad breath



Insomnia



Body overheating & sweating



Inflammation



Hormone imbalance



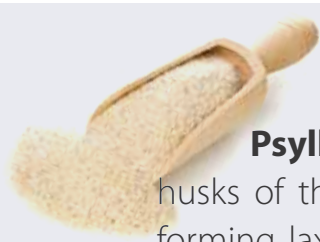
Foul smelling stool and etc.

The toxic build-up will damage your body by poisoning the enzymes and preventing your body from functioning properly. Our body relies on enzymes for every physiological function. When toxins damage the enzymes, they prevent the production of hemoglobin in our blood, which can accelerate aging. This causes failure of energy production and it lowers the protection against oxidative stress. It may lead to a higher risk of diseases and cancer. Hence, the consumption of detox products is recommended to keep the detoxification system in our body strong and healthy at all times.

BioFiber D'tox is a botanical formulated high soluble and insoluble fiber drink for everyone. It contains premium fiber and abundant phytonutrients derived from Golden Kiwi. The golden husk powder which also functions as a bulking agent together with the greens and the prebiotic in the formula will help to clean and eliminate the waste matter in the digestive system. BioFiber D'tox can easily blend into any weight management program.



Lemons are high in Vitamin C, an antioxidant compound that pulls water into the gut. Increasing water content inside the gut can help soften stools and stimulate bowel movements. Lemon also contains citric acid which helps flush toxins out of the body.



Psyllium Husk is a soluble fiber made from the husks of the *Plantago ovata* plant's seeds. It is a bulk forming laxative. This means it soaks up water in your gut and makes bowel movements much easier and can help promote regularity without increasing flatulence. It can be used as a one-off to ease constipation. Besides, Psyllium can help control appetite and aid weight loss. Psyllium slows down stomach emptying and reduces appetite. Decreased appetite and calorie intake may support weight loss. Moreover, Psyllium has prebiotic effects, which support a healthy gut and digestive system.



Chicory Root The mild natural sweetness of the product comes from Inulin, a type of prebiotic that is derived from Chicory Root. Different studies have suggested that fermentation of carbohydrate stimulates colonic motility, and thus incorporating inulin into a daily diet could improve constipation, abdominal discomfort, and it increase stool frequency.



Golden Kiwi is an excellent source of vitamin C, folate, and other minerals and antioxidants. Golden kiwi consists of fibres and water that are beneficial for the digestive system. Therefore, regular consumption of golden kiwi provides relief for constipation. Besides, golden kiwi is much suggested for anyone undergoing a partaking a healthy diet. Golden Kiwi works best to fulfill the body's needs by providing an obligatory amount of vitamins



Oranges contain high fiber content that adds bulk to the stool and stimulates bowel movement. This citrus fruit is also packed with a flavonol known as naringenin, which gives immediate relief from constipation. Oranges may just be the best solution for digestive problems.



Spirulina is a form of blue-green algae. Unlike plants that grow in the garden and from the soil, it grows in warm, fresh and salt water. NASA has stated that the nutritional value of 100 kg of fruits and vegetables is equivalent to 1kg of spirulina, making them an important part of the detox diet. Studies reveal that consumption of Spirulina in combination with a Zinc supplement allows for the displacement of metal which then can be excreted by the body. Due to Spirulina's antimicrobial properties, it has the ability to combat and normalise candida colonies from thriving and proliferating. It can also contribute to beneficial bacteria to flourish within the intestine, which, again is necessary in the control of candida and restoring gut health.



Chlorophyll is the green substance in plants that allows green plants to carry out photosynthesis from carbon dioxide and water. Chlorophyll enhances the liver's natural ability to remove toxins and waste from the body. This process is known as detoxification. It improves liver detoxification by increasing phase II biotransformation enzymes. Other than that, a trial in 2013 involving overweight women found that chlorophyll supplements in conjunction with a high-carbohydrate meal increased feelings of fullness while regulating hunger hormones. The researchers concluded that supplementing high-carb meals with chlorophyll may reduce body weight over time.



How to consume:

- Add 1 sachet of BioFiber D'tox into 250ml of room temperature water, fruit juice or other beverages, stir or shake well then consume immediately.
- Consume daily, preferably before meal in the morning. Recommended to drink 1.5 – 2 liters of water daily.

Note:

- Drink sufficient water for better absorption
- Due to the natural properties of the ingredients, its colour, flavour and sweetness may vary slightly for every batch
- No added sugar in this product.

INGREDIENTS:

Lemon Powder, Psyllium Fiber, Golden Kiwi Powder, Spirulina Powder, Chlorophyll Powder, Orange Powder, Inulin Powder.

Nutrition Facts:		
	Per 15 gm	Per 100 gm
Energy (kcal)	41	273
Carbohydrate (g)	6.4	42.8
Total Sugar	1.2	8.1
Fiber	6.9	45.9
Protein (g)	0.4	2.9
Fat (g)	0	0
Sodium(mg)	3.5	23

Net Weight: 300g (20sachets x 15g)



Another Premium Product from



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DISCLAIMER:

The information presented in this leaflet is intended for educational purposes only. It is not intended as a substitution for the treatment, cure, diagnosis or mitigation of a disease or condition. People with specific conditions / known medical conditions / under specific medications, should consult medical professionals before taking any food supplement.

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